MENTAL HEALTH RESOURCES INVENTORY

School Year: 2026-2027
Effective: Nov. 2023
To be updated annually and when there are changes to information.

Name/Resource	Resource Type	Access	Contact
Mental Health Hotline	Gov. Canada Hotline	phone	1.833.456.4566
Telecare Crisis & Caring	Faith-based support hotline	In BC phone	1-888-852-9099
Ella LaFleur	MACP, RCC	Salmon Arm	780.868.4652
Kendra Kieft	Clinical Counsellor	Salmon Arm	778.489.5630
Vlad Polyakh	Clinical Counsellor	Salmon Arm	250.253.4384
Open Parachute	Mental Health Resource For Teachers & students	online	(openparachute.ca)
KCS Website	Linked Resources	online	(kingschristianschool.com)
Shane Nelson	• Behaviour Threat Assessment • Digital Threat Assessment	KCS	principal@kingschristianschool.com 250.832.5200
Vanessa Chapman	• Behaviour Threat Assessment • Digital Threat Assessment	KCS	vchapman@kingschristianschool.com 250.832.5200
Jason Mayer	• Safe Schools • Digital Threat Assessment	KCS	jmayer@kingschristianschool.com 250.832.5200
Pam Treleaven	• Mental Health First Aid • Trauma Informed Practices • Psychological Health & Safety in the Workplace	KCS	pamela@kingschristianschool.com 250.832.5200